

WCDR, jan.05

# A typical example of where community action comes first

heat waves through Europe in summer 2003

Judith Bourgeois - French Red Cross





## What happened?

Summer 2003:

The worst heat wave since 500 years hit western Europe, and caused, in less then two weeks, about 22 000 deaths (maybe 35 000), mostly in big cities, 2/3 of them aged over 75

= more than the Algerian 2003 earthquake, more than 9/11, almost as much as Bam...

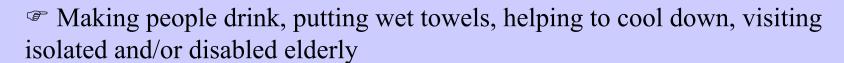
Similar disasters happen also regularly in USA, and in other rich, so-called "developed" countries, causing more deaths than all their floods, tornadoes, earthquakes and hurricanes combined.

## How come?

- Slow on-set disaster, striking invisibly, silently
- No early warning system, no clear indicators
- No awareness of danger for victims (ex : elderly do not feel thirsty)
- Summer holidays: northern cities empty, except for those who don't have holidays...
- People in north part of Europe are not used to heat and not prepared nor equipped, as where southern inhabitants have traditional coping mechanisms
- Fragility of community links (ex : Chicago) tending to put elderly out of sight

## What was done first?

Ex. in France: 750 RC volunteers were activated





= very simple, basic things that anyone could do, for someone else, but also for himself





Had people at grass-root level been aware in time, their action could have made the difference!





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## Lessons learned

Actions taken

#### NEED FOR BETTER PREPARDNESS

the following year:

- contingency plans in place,
- early warning system created,
- Heat wave committees ready to be activated,
- obligation made to have an air-conditioned room for all institutes accommodating elderly...

### NEED FOR MORE CARE FOR ELDERY and other vulnerable groups

More awareness? More solidarity?



## Most of all:

- Everyone can be helpful in case of disaster
- Sometimes, one single person at grass-root level, without any technical skills, can do more than any professional team and big relief operations.

### GIVE INFORMATION AND MEANS TO PEOPLE, AND THEY WILL PUT IT INTO ACTION!

(even in developed countries...)



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# THANK YOU FOR YOUR ATTENTION!

